



# HOLISTIFY YOUR LIFE SUPER CALCIUM COMPLEX With Hydroxyapatite

- Assist in maintaining healthy blood vessel function
- Assist in maintaining healthy neurotransmission
- Provide relieve muscle cramps
- Provide relieve PMS
- To strengthen bone and tissue
- Maintain healthy bones and teeth
- Promote general health & vitality

## Directions

Adults only & children over 12 years. Take two capsules AM and two capsules PM before meals or as directed by your healthcare practitioner. Calcium is more effective taken before a meal.

Keep out of reach of children

HOLISTIFY YOUR LIFE Super Calcium Complex with Hydroxyapatite is a comprehensive bone support formula scientifically designed for maximum uptake of calcium in the bone. Calcium is a mineral which makes bones dense and resistant to fractures. The Vitamin D together with calcium aid with the assimilation and utilization of calcium.

There is also a need for extra calcium in low calorie diets, high protein diets, high fibre diets, lactose intolerance, pregnancy, lactation, puberty and aging men and women.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, cure or prevent any disease. Should not replace a balanced diet.

Store in a cool, dry place.

## Who needs calcium?

7 out of 10 women don't get enough calcium in their diet. There is an increased need for calcium during pregnancy, lactation, PMS, puberty and aging for both men & women.

Others at risk include users of antacids containing aluminium, consumers of alcohol, cigarette smokers, users of cortisone, inactive people, low calorie diets, lactose intolerant people, high fibre diets, high protein diets, post menopausal women and people using steroid medications.

## Supplement Facts

Serving size, 1 capsule

	Amt. per serving	% DV
Calcium citrate 21%	200 mg	*
Calcium hydroxyapatite	50 mg	*
Magnesium citrate 10%	75 mg	*
Magnesium Oxide 91%	50 mg	*
Vitamin D3	1 mg	*
Boron Aspartate 5%	.75 mg	*

\* daily value not established

other ingredients: gelatin and magnesium stearate.

